

Tone Building Warm-Ups

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Ron Sikes

5. Long Tones

The musical score is arranged in a grand staff format with 15 staves. The instruments are listed on the left side of each staff. The score is divided into four measures by vertical bar lines. Each measure contains a single note with a long horizontal slur above it, indicating a long tone exercise. The notes are: Measure 1: C4 (Flute), G2 (Bassoon), Bb3 (Clarinet in Bb), Bb3 (Bass Clarinet), Bb3 (Alto Sax), Bb3 (Tenor Sax), Bb3 (Baritone Sax), C4 (Trumpet in Bb), C4 (Horn in F), G2 (Trombone), G2 (Baritone), G2 (Tuba). Measure 2: C4 (Flute), G2 (Bassoon), Bb3 (Clarinet in Bb), Bb3 (Bass Clarinet), Bb3 (Alto Sax), Bb3 (Tenor Sax), Bb3 (Baritone Sax), C4 (Trumpet in Bb), C4 (Horn in F), G2 (Trombone), G2 (Baritone), G2 (Tuba). Measure 3: C4 (Flute), G2 (Bassoon), Bb3 (Clarinet in Bb), Bb3 (Bass Clarinet), Bb3 (Alto Sax), Bb3 (Tenor Sax), Bb3 (Baritone Sax), C4 (Trumpet in Bb), C4 (Horn in F), G2 (Trombone), G2 (Baritone), G2 (Tuba). Measure 4: C4 (Flute), G2 (Bassoon), Bb3 (Clarinet in Bb), Bb3 (Bass Clarinet), Bb3 (Alto Sax), Bb3 (Tenor Sax), Bb3 (Baritone Sax), C4 (Trumpet in Bb), C4 (Horn in F), G2 (Trombone), G2 (Baritone), G2 (Tuba). The Snare Drum part at the bottom features a rhythmic pattern of eighth notes with accents, alternating between the right (R) and left (L) hands. The pattern is: R L R L R L R L | R L R L R L R L | R L R L R L R L | R L R L R L R L.

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9. Flexibilities 1

The musical score is arranged in a grand staff format with 15 staves. The instruments and their parts are as follows:

- Fl. (Flute):** Treble clef, melodic line with slurs.
- Bsn. (Bassoon):** Bass clef, melodic line with slurs.
- B♭ Cl. (B-flat Clarinet):** Treble clef, melodic line with slurs.
- B. Cl. (B Clarinet):** Treble clef, melodic line with slurs.
- A. Sx. (Alto Saxophone):** Treble clef, melodic line with slurs.
- T. Sx. (Tenor Saxophone):** Treble clef, melodic line with slurs.
- B. Sx. (Bass Saxophone):** Treble clef, melodic line with slurs.
- B♭ Tpt. (B-flat Trumpet):** Treble clef, melodic line with slurs.
- Hn. (Horn):** Treble clef, melodic line with slurs.
- Tbn. (Trombone):** Bass clef, melodic line with slurs.
- Bar. (Baritone):** Bass clef, melodic line with slurs.
- Tuba:** Bass clef, melodic line with slurs.
- Timp. (Timpani):** Bass clef, rhythmic accompaniment with slurs.
- Mal. (Mallets):** Treble clef, rhythmic accompaniment with slurs.
- S.Dr. (Snare Drum):** Single line with a double bar line, featuring a "Flam Tap" pattern.

The score is divided into four measures. The first measure is in a key with one flat (B-flat major or D minor). The second measure is in a key with two flats (B-flat major or D minor). The third and fourth measures are in a key with two sharps (D major or F# minor). The snare drum part is marked "Flam Tap" and includes the following rhythmic patterns:

- Measure 1: L R RR L sim.
- Measure 2: R L L sim.
- Measure 3: RR LL R L sim.
- Measure 4: RR LL sim.